

Patient Name: _____

Date of Birth: _____

1. Purpose of Treatment

Semaglutide is a medication used to improve blood sugar control in adults with type 2 diabetes and/or to support weight management in individuals with obesity or overweight with weight-related conditions. It works by mimicking a natural hormone (GLP-1) to reduce appetite, slow stomach emptying, and improve insulin function.

2. Potential Benefits

- Improved blood sugar control
- Reduction in appetite and food cravings
- Weight loss and possible improvement of related health conditions

3. Possible Risks and Side Effects

- Common: nausea, vomiting, diarrhea, constipation, abdominal discomfort, fatigue.
- Serious but rare: pancreatitis, gallbladder disease, severe allergic reaction, kidney problems, possible increased risk of thyroid C-cell tumors (seen in animal studies).

4. Contraindications

- Semaglutide should not be used in patients with:
- Personal or family history of medullary thyroid carcinoma (MTC)
- Multiple Endocrine Neoplasia syndrome type 2 (MEN 2)
- History of serious allergic reaction to Semaglutide or any component of the formulation

5. Special Considerations

- Inform your provider if you are pregnant, planning to become pregnant, or breastfeeding.
- Report any severe abdominal pain, persistent nausea/vomiting, or symptoms of dehydration.
- Do not change dosage without medical guidance.
- Medication is intended as part of a comprehensive plan including nutrition, physical activity, and lifestyle changes.

6. Alternatives

- Other prescription medications, lifestyle modification alone, or no medical treatment.

7. Patient Acknowledgement

I understand the purpose, benefits, risks, side effects, and alternatives to semaglutide therapy. I have had the opportunity to ask questions, which were answered to my satisfaction. I consent to starting Semaglutide as prescribed.

Patient Signature: _____

Date: _____

Provider Signature: _____

Date: _____